Topic, May 1: L'ttle Ways of Bettering the World.-Phil. 2: 12-16. Matt. 5: 13-16.

A great many people are inclined to regard cheerfulness as a purely personal matter. Our own comfort so largely depends on our habitually looking at the bright side of things, that frequently we forget how this attitude of mind affects others beside ourselves. Yet, in making a list of the little ways of bettering the world, we shall not err by placing first the posession of that cheerful heart which necessitates a bright face and cheery, inspiring speech.

Nothing good or great was ever accomplished by discouraged people. If hope is lost, all is lost. The hardest man to help is not always the most abandoned criminal, but the one who settles down to the belief that he has lost his chance f ranything better. A cheer'ul face, with supshine in its frequent smiles, is an inspiration even as it passes along a crowded thoroughfare. A cheerful voice which does not disdain to break at times into laughter, is like a bugle call to jaded hopes and exhausted faith. To attact difficulties courageously, as if they were but temporary things and success necessarily lay beyond, is as much a Christian's duty as watchfulness or

THE WORK OF MARING PEACE.

The blessing that Jesus pronounced on the peace-maker is the highest which can be imagined, and there are provement of it is self-culture, se'f- as guests in any of the classes of the occasions when we properly magnify improvement, and growth of character. University. All the expense attached the office. But the world is unspeakably blessed by the efforts of peacemakers who act so unobtrusively that the majority of us never realize what they are doing. In the home life they good works, would make his life traitfurnish the oil which keeps the domes- ful, and death a harvest of worthy tic machinery running without friction. They make the gentle suggestions which intercept barsh judgments. They turn the conversation away from themes in connection with which something is likely to arise to wound the feelings of some one present, and perhaps stir up strife and anger.

It has been suggested often that this world would be vastly improved if men were as ready to live for their religion as to fight for it. There is never any difficulty in arrowsing en- COWS RESPOND TO KINDNESS. thusiasm on the subjects which seperate Christian workers, and under such excitement, the ties which bind them into a common brotherhood are often ever unobtrusively he may work, is wasted for the lack of such unity.

STEADY AS WELL AS ERIGHT.

If we are satisfactorily to fill the place of lights to a darkened world, our shining must be steady as well as bright. A can of gun powder, ignited on a hillside, will light up the face of the midnight sky, but the flash is as brief as it is brilliant. Too many Christian lives are characterized by this explosive quality. There are times of jousness. It has put your liver out of great brightness, indeed, but these are order. followed by a darkness all the more intent because of the contrast.

world by periodic outbursts of fiery zeal. The task, hard at test, can only That's the case in a nutshell. be accomplished by steady, presistent effort. If, day by day, we are hopeful and patient and gentle, if we sacrifice honest Staker herbs and other ingredour own desires in trifling things, if we lend a hand to those who falter or have it so efficacious. fallen, if we cheer the discouraged, if we help to make the hearts of little children happy and to keep them pure, Try it. the world will be better because we have lived. And he who has seen us faithful over a few things will make us rulers over greater things, and welcome us to his joy.

WHAT HE WAS PAID FOR.

A bright little boy-one of the pages of the Senate-sat at one of the Senate entrances the other day, when a lady approach d him w th a visiting card in her hand.

"Will you hand this to Senator Blank?" she said.

"I cannot," replied the boy, "for all cards must be taken to the east lobby." The woman was inclined to be an-

gry and went away muttering. Then a thought struck her, and taking out her pockethook she found a 25 cent pi-ce. With it in her hand she went back to the boy."

"Here, my lad," she said, in a coaxing tone," here is a quarter to take my card in."

"Madame," said the boy, without a moment's Lesitation, "I am paid a larger in any than that to keep cards





No wonder so many sales suits and factory girls and housewives suffer from indigestion and constipation and bilious troubles. No wonder they are subject to the diseases of the delicate special organism of their sex. The wonder is rather that they can stand it as well as they do.

But "a poor weak woman," as she is termed, will endure bravely and patiently agonies which a strong man would give way under. The fact is women are more patient than they ought to be under such troubles.

patient than they ought to be under such troubles.

Never woman ought to know that she may obtain the most eminent medical advice free of tharge and in absolute confidence and privacy by writing to Dr. R. V. Pierce, chief consulting physician of the Invalids' Hotel and Surgical Institute, of Buffalo, N. Y. Occupying this position for thirty years he has had a wider practical experience in the treatment of women's diseases than any other physician in this country. His medicines are world-famous for their astonishing efficacy.

The most perfect remedy ever devised for weak and delicate women is Dr. Pierce's Favorite Prescription. His "Golden Medical Discovery" is the only cernament digestive and nutrient tonic. The two medicines taken alternately, form the most perfect and successful course of treatment ever prescribed for female troubles complicated with a sluggish, overwrought, nervous, diseased constitution. In severe constitution Dr. Pierce's Pleasant Pellets should be occasionally taken with the others. They never gripe.

SELF-IMPROVEMENT.

Men of business are accus omed to quote the maxim that "Time is money," but it is much more; the proper im-An hour wasted daily on trifles or in indolence, would, if devoted to selfmprovement, make an ignorant man wise in a few years, and employed in rates in the town. deeds. Fifteen minutes a day devoted to self-improvement, will be felt at the end of the year. Good thoughts and carefully gathered experience take up the room, and are carried about with us as companions everywhere, without cost or incumbrance.—Weekly Bouquet. of the Davis family.

Bears the Signature Chart Hillthrie

Help in the cow stable should never be tolerated that is rough or quicktempered. Cows love quietude. Any ignored, if not dissolved. He is help- disturbance which excites them lessens ing to make the world better who if it does not stop the secretion of scorns to take advantage of this weak- milk. It is very easy for an employe ness of human nature, and who, how- by kicking and beating a cow just before or while she is being milked to helping to unite in one resistless force lessen her milk flow by one-half. This suffering. His third title to our rethe energies too often scattered and is called "holding up" the milk. It is really prevention of milk secretion, and the milk thus lost does not come down at any subsequent milking. Kindness and gentleness pay abandant and above all by the Southern race, is N. E. Homestead.

Don't think that your liver need's

See what's the matter with your stomach.

We must not expect to better the there's trouble. Shaker Digestive Cordial cures stomach and then all's well.

Shaker Dige-tive Cordial is no secret Formula's on every bottle. But it's the simple honest way it's made, the ients of which it's composed, that make

Any real case of indigestion and biliousne s can be cured with a tew bottles of Shaker Digestive Cordial.

S ld by druggists, price 10 cents to \$1.00 a bottle.

AN EVER-PRESENT INSPIRA-TION.

An elderly gentlemen hal waited while the audience passed out, in order to have a word with the scientist who had lectured.

"It's a relief," he remarked, cordially, "after so much discussion of political economy, to listen to you. What pleased me most about your discourse was that its subject was not money."

"No," was the answer, after some consideration. "It's subject was not money, but it object was."



O'd Gentleman (dictating indignant letter)-"Sir: My stenographer, being a lady, cannot take down what I think of you. I, being a gentleman, cannot think it; but you being neither, can easily guess my thoughts."-Brooklyn Life.

Some peaple put their best foot forward so far that the other one 1 szer A LIBERAL PROPOSITION.

The Lexington correspondent in the Richmond Dispatch says:

In view of the entrance xaminations new required in order to ma riculate at the Washingt n and Lee University and the go d results obtailed at sev eral preparatory s h o's where pupils have followed the course necessary to pas- the en rance examinations of this nstitutio , the University purposes offe ng to teachers, chiefly in the publie schools, and to obses preparing to be tele er, the lot owing courses in the subjects of prepara ory instruction: (1) Eng ish, (2) G. ography and History o the Um ed States, (3) Nath matics, (4) Latin, (5) Greek.

These cours s are designed to give a eview in hear bjects, as we'l as an opportunity for mutual comparison of methods. They will be open from May 10th to June 8th of the present year; they may be entered at any time during that period, and there are no ce of any description.

These courses are given by the pro fessors individually. They will be held by courtesyin the University buildings, but have no official recognition by the University. They are open to men and women alike.

The course in English will be given by Professor W. S. Currell, and that in History of the United States by Professor H A. White The course in Mathematics will be by Professor A. L. Nelson; in Latin, by Professor E. W. Fay, and in Greek, by Professor A. Hogue. In addition to the special courses, teachers will be invited to sit will be for books, which those attending will supply for themselves, and f r board, which can be had at reasonable

THE DAVIS MEMORIAL.

A memorial window to the memory of President Jefferson Davis was unveiled April 17, with appropriate, though simple ceremonies in St. Paul's Episcopal church, Richmond. Mrs. Davis was present and occupied the old pew

Rev. Wm. M. Dame, D. D., of Baltimore, preached the sermon, and among other things, said :

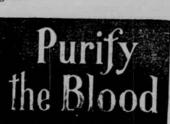
"Jefferson Davis had four titles to the reverence of mankind and to be held in everlasting remembrance by his own people in the South. Let me briefly suggest them to your minds. The first title to such renembrance is that he was the called and chosen and faithful representative of a nation, unique in history, and of a cause inexpressibly sacred to us. His second title to our tender memory is that he membrance is the stay and support he gave to his people in those hard years just after the war. His fourth title to be held in rembrance by the world, returns in the handling of live stock .- that he gave Robert E. Lee to the South and to the world."

Don't Invite

Which is better, to thoroughly cleanse and purify the blood just now, or make yourself liable to the many dangerous ailments which are so prevalent during summer? Impurities have been accumulating in the blood all winter, and right now is the time to get rid of them. A thorough course of Swift's Specific is needed to cleanse the blood and purify the system, toning up and strengthening it all over. Those who take this precaution now are comparatively safe all summer; but to neglect it is to invite some form of sickness which is so common during the trying hot season. It is now that a course of Swift's

S.S.S. The Blood

will accomplish so much toward rendering the system capable of resisting the evil influences which are so liable to attack it during the summer when sickness is so abundant. It is the best tonic and system-builder on the market, because it is a real blood remedy and is made solely to search out and remove all impurities, and supply an abundance of pure, rich and red blood. S. S. S. is made exclusively of roots and herbs. and is Nature's own remedy. It is purely vegetable, and is the only blood remedy guaranteed to contain no potash, mercury or other mineral. Be sure to get S. S. S. There is nothing half as



AN OPEN LETTER To MOTHERS.

WE ARE ASSERTING IN THE COURTS OUR RIGHT TO THE EXCLUSIVE USE OF THE WORD "CASTORIA," AND "PITCHER'S CASTORIA," AS OUR TRADE MARK

I, DR. SAMUEL PITCHER, of Hyannis, Massachusetts, was the originator of "CASTORIA," the same that has borne and does now bear the fac-simile signature of Chart Hillities wrapper. This is the original "CASTORIA" which has been used in the homes of the Mothers of America for over thirty years.

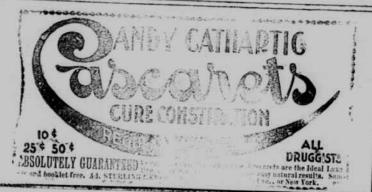
LOOK CAREFULLY at the wrapper and see that it is the kind you have always bought and has the signature of Last Hillchire wrapper. No one has authority from me to use my name except The Centaur Company, of which Chas. H. Fletcher is President. March 24, 1898. Bull Pitcher on D.

Do Not Be Deceived. Do not endanger the life of your child by accepting a cheap substitute which some druggist may offer you (because he makes a few more pennies on it), the ingredients of which even he does not know.

"The Kind You Have Always Bought" BEARS THE SIGNATURE OF

Insist on Having

The Kind That Never Failed You.



WINE OF CARDUI



WOMEN used to think "fe-male diseases" could only be treated after "local examinations" by physicians. Dread of such treatment kept thousands of modest women silent about their suffering. Thein-troduction of

Wine of Cardul has now do wine of Cardin has now demon-strated that nine-tenths of all the cases of menstrual disorders do not require a physician's attention at all. The simple, pure

Vine of Cardu taken in the privacy of a woman's

own home insures quick relief and speedy cure. Women need not hesitate now. Wine of Cardul renestate now. Wine of Cardul requires no humiliating examinations for its adoption. It cures any disease that comes under the head of "female troubles"—disordered menses, falling of the womb, "whites," change of life. It makes women beautiful by making them well. It keeps them young by keeping them healthy, \$1.00 at the drug store.

For advice in cases requiring special directions, address, giving symptoms, the "Ladies" Advisory Department," The Chattanooga Medicine Co., Chattanooga, Tenn.

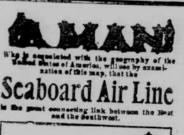
W. I. ADDISON, M.D., Cary, Miss., says: "I use Wine of Cardul extensively in my practice and find it a most excellent preparation for female troubles." WINE OF CARDUI





Ammenia Compound
Washing Powder
Blue Label Lyo
Red Label Lyo Sewing Machine Oil Writing Ink
Loundry Bluing
CARPONA

Our FARMERS' GUIDE New Seeds # Implements. GRIFFITH & TURNER CO. ALLANA NEW





VAMINSTRY, ESEMBLE, NORFOLE, POETSMOOTH,

HILINE, STRAIN, TRANSPOR, CALEDON, CALEDON, ACTUAL PROPERTY, ADECULLE, ATTENDATION, ACTUAL PROPERTY, AND STRAIN ASSA, MASSIN, MEMPHIS, MONTSOMERY, TAXAS, MEXICO, CALIFORNIA. Principal Branches traverse the Famous FRUIT BELT

of Virginia, the Carolinas and Georgia. For Tickets, Maps, Folders or descriptive mat-or, etc., apply to any Agent of the Scaboard &hr T. J. ANDERSON, GEN'L PASS'S AST.,
PORTSMOUTH, VA.

The from & See'l Mgr See'l Book Dass Mgs





MUNN & Co. 361Broadway, Hew Yor

EGTICK.

Tobacco

will cure well, have a bright rich color and flavor, with goes burning properties, if liber supplied with a fertilizer taining at least 10% actual

Potash

The quality of tobacco is intproved by that form of Potash. Our books will tell you just what to use They are free. Send for them, GERMAN KALI WORKS

ANTIQUITY OF AN OLD TUNE

which in Eng'and is set to the song another deliriously. They averred that they were listening to the oldest and most popular tune of their people. It is thought that the tune was brought to Europe from the dark continent in the eleventh century of the Crusades. -London Telegraph.

REMOVAL

Flooring,

Doors, &c.

Carriages Buggies.

For sale in town and Country on very easy terms. Town houses very low for eash, or on long time; in small monthly payments live paying rent.
Farms for sale for less money than they have ever before been offered in this State.
We make a Specialty of handling farms, and would like for you to write us whether you want to sell or buy We make terms and pricess o easy that a Home is put within the reach of overv man. Writh at once to

J. F. WINGFIELD Real Estate Broker, Roanoks Va

W. T. SHIELDS. Attorney-at-Law.

POBERT CATLETT,

Attorney-at-Law LEXINGTON, VA W. P. HOUSTON,

Attorney !t-Law Will practice in the courts of Bockbridge and djoining councies. Office in Dold Building secial attention given to the collection of

J. P MOORE, LIXILOTE U VA Chel er beellrideun is Couty Attorney-at-Law

Wilpractice in Rockbridge and Special attention given to the collection of claims, Examination of Titles, and preparing of Abstracts and Beeds.

Suplementary to mylaw business, I will ne gotate loans and sell farms and mineral land o have now on hand, for sale, a large, number the finests farmin Rockbridge coutry

DENTIST. LEXINGTON VA.

THE WONDERS OF SCIENCA

Can b. Cured.

AN EMINENT NEW YORK CHEMIST AND SCIENTIST MAKES A FREE OFFER TO OUR READERS.

The distinguished New York chemist, T. A. Slocum, demonstrating his discovery of a reliable and absolute cure for Consumption (Pulmonary Tuberculosis) and all broachial, throat, ang and chest diseases, stubborn coughs, entarinal affections, general decline and weakness loss of feeh and all conditions of wasting away will send THREE FREE BOTTLES (all different) of his New Discoveries to any afflicted reader of The Lexington Gazette writing for them.

reader of The Lexington Gazette writing for them.

His "New Scientific Treatmet," has cured thousands permanently by its timely use and he considers it a simple professional duty to suffering humanity to donate trial of his in fallible cure.

Science daily develops new wonders and this great chemist patiently experimenting for year-has produced results as beneficial to humanity as can it e claimed by any modern genius. He assertion that lung troubles and consumption are curable in any climate is proven by "heart-left letters of gratitude" filed in his American and European laboratories in thousands from those cured in all parts of the world

Medical experts concede that broughtal chest and lung troubles lead to Consumptio Zwhich ninterrupted means speedy and certain death Simply write to T. A. Slocum M C. 98 Pinteret New York, giving post office and extress address and the free medicine will be romptly sent. Sufferers should takeinstant dvantages of his generous proposition.

Please tell the Doctor that you saw his offer Lexington Gazette.

in the form of sulphate.

When Napoleon's army was in Egopt n 1799 and the band struck upt be tune 'We Won't Go Home Till Morning." its effect on the Bedouins was electrical. They shouled and embraced one

Thave neved by entringe and we go making establishment from the old W. A. Rloss carriage stop on Main St. to my row be till on Selson St. in the tree of the less of the limit being an and the state of the less of the Dressed Lumber

Ceiling. Windows,

and Wagons. A share of your patronage is solicted
by 21 by JAMES E HECK
N. B.—I also handle the Selected Mitche

CHEAP HOME

Attorney-at-Law, Lexington, VA. FRANK T. GLASGOW.

Attorney at-Law, B. N. BELL,

Notary Public,
LEXINGTON, VA.
Wilpractice in Rockbridge and djoining

DR. JOHN T. WILSON,

On:- Washington St. near Jefferson

Lung Troubles and Consumption

Luray Basic

ember 5th, 1897 LEAVE BUENA VISTA, VA. DAILY

BOUTHWAR Baltimore Shenandoah Buena Vista Natural Bridge

Roanoke Pulaski Bristol Knoxville Chattanooga Memphis New Orleans NORTHWARD New Orleans Memphis

8 30 p m 9 45 m 6 20 p 1 20 p m 10 10 p 6 20 p m 8 05 a 9 18 p m 11 15 a 11 35 p m 1 50 p 12 38 a m 3 14 p 1 00 a m 3 40 p 2 05 a m 5 00 p 3 40 a m 6 51 p 5 40 a m 9 05 p 7 45 a m 11 25 n Knoxville Bristol Pulaski Ronnoke Natural Bridge Buena V'sta Basic Luray Washingon Baltimore i Philadelph a 7 45 a m 11 25 p 8 50 a m 1 15 a 11 00 a m 3 53 a

Ar New York 1100 a m 353 a

Ar New York 120 p m 652 a

GE Tickets sold to all points

Pullman Service New York, New Orlean
Washington and Memphis. Convenier
schedule for passengers from Lexington for the North and South. 63 Students going and returning from the iomes will find this a most excellent route 63 Information cheerfully furnished.

W. H. MOFFETT, Agent,
Buena Vista, Va.
W. B. BEVILL, G. P. A.,
Roanoke, Va. W. F. BRAGG, T. P. A

C. & D. Lynchburg, Richmond, Norfolk Cincinnati, Louisville,

and Chicago. IN EFFECT JAN, 1 1898. F. Richmond Leave Lexington.... No. 84 Ex Sunda 10 06 a m Arrivent Balcony Falls 11 15 a m Arrive at Lynchburg 12 45 p m Arrivent Scottsville 3 32 p m Arrivent Columbia..... 4 20 p m

Leave Lexington 4 45 p m Arrive Balcony Falls 6 00 p m Arrive Craig City..... 7 20 p m Arrive West Clifton Forge. 8 20 p m Arrive Va., Hot Springs ... 9 50 p m Arrive White Sulphur 7 55 a m Arrive Lexington, Ky ... 8 00 a m 11 00 a m ArriveChicago 5 30 p m Arrive St. Louis ... 6 56 p m

TRAINS ARRIVE AT LEXINGTON
1.30 pm-Daily Except Sundayfrom Clifton

Forge. 7 40 pm—Daily Except Sunday from Rich mond and Lynchburg. For Rates, Tickets and other Information poly to S. O. Campbell City Tricket Agent.

B. & O. Time-Table in Effect Nov. 14th 1897, 'til Further Notice. NORTHBOUND. 4 30am 6 05am LvLexington,

Pass Pass Pass, | Lv Strasburg June | am | 9 10am | 5 40 pm | Capon Road | am | 9 13am | 5 43 pm | Stepenson | 6 00am | 9 55am | 5 25 pm | Charlestown | 6 45am | 10 42am | 3 35 pm | Charlestown | 6 45am | 11 12am | 7 13 pm | Ar Harpers | Ferry 7 08am | 11 12am | 7 37 pm | Washington | 9 20am | 1 05pm | 12 45 pm | Philadelphia | 12 0am | 4 05pm | 3 53 am | New York | 3 0pm | 6 30pm | 6 52 am | 10 42am | 10 42a Lv Strasburg June Capon Road Winchester 6

Pa s s. 19 | Pass | Pass | 19 | Pass | 130pm | 40pm | 1 30pm | 30pm | 30pm | 50pm | 5 30pm | 1 26am | 6 35pm | 5 30pm | 12 26am | 6 35pm | 6 35pm | 12 10pm | 7 45pm | 12 10pm | 7 15pm | 12 33pm | 12 44pm | 12 47pm | 33pm | 33pm | 30pm | SOUTHBOUND. LvNew York Philadelphia Baltimore Washington Harpers Ferry Charlestown Stephenson Winchester Middletown

Capon Road Ar Strasburg Train 17 and 1 connect with Southern R. R. at Strasburg Junction at 12:50 and 7:45 p. for Harrisonburg.

Mixed. Pass | Mixed. LvHarrisonburg LvHarrisonburg
Staunton
Ar Lexington 3 9 35am 5 30pm 10 00 a m

2 45pm 10 00 a m
3 46pm 12 00 m
5

Staunton 7 00am 3 46pm 12 00 m

Ar Lexington 9 9 35am 5 30pm

Mixed Trains Southbound. Leaves Winchester at 4:55 a m and 8:45 a m. Arrives at Strasburg Junction at 6:12 a m and 10:35 a m.

Mixed Trains Northbound. Leaves Winchester at 1:45 p m and 11:30 p m. Arrives at Harper's Ferry at 4:20 p m and 1:36 a m.

Connections

Train 2 connects at Harper's Ferry with Fast Limited Express train leaving at 12:41 a m and 104 p m arriving at Chicago at 9:30 a m, and 12:00 noon, and with train leaving at 5:14 p m, arriving at Cincinnati at 7:45 a m, St Louis 6:00 p m, and connects at Weverton at 11:40 a m, arrives at Hagerstown 12:40 Washington Junction with train arriving at Frederick at 1.55 p m

Train 46 connects with Fast Vestibulatrain at Harper's Firry at 9 44 p m for Chicago, at 10:21 p m for Pittsburg and 12:55 a m for Cincinnati and St. Louis. Arrive at Pittsburg at 7:00 a m Chicago at 9:45 p r Cincinnati at 5:00 p m. and St. Louis a 2:30 a m u:1man Palace Sleeping Cars run throug to Cincinnati St. Louis and Chicago on all express trains.

For rates, tickets, bag; age checked, ap to any office of the B & O Railroad or t > 0 Dudrow Travelling Tassenger Agt, Winches Va.

WM. GREENE, General

D. B. MARTIN, Managor,

The second second second second second